

## FRENCH RECOMMENDATIONS FOR THE TRAVELERS BETWEEN FRANCE TO OVERSEAS

### ACCORDING TO FRENCH MINISTRY OF HEALTH

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**USPA NEWS** - The Ministry of Solidarity and Health has published on its official site, and that of the French government, the recommendations for travelers from France to abroad, and China in particular. We publish all of these official recommendations. **RECOMMENDATIONS WHILE TRAVELING AND AT THE AIRPORT** What are the instructions for people going on a trip? In a changing context and as a precaution, the Ministry of Europe and Foreign Affairs advises against traveling to China unless there is an imperative reason and recommends to the French - in particular to families - who live in China and have no essential reasons to return, to stay away temporarily from the country and to postpone their return.

IN AREAS AFFECTED BY THE CORONAVIRUS IT IS RECOMMENDED :-----

- 1-Avoid contact with animals, living or dead;
- 2-Avoid going to markets where live or dead animals are sold;
- 3-Avoid close contact with people suffering from acute respiratory infection;
- 4-Not to eat uncooked or undercooked meat;
- 5-Wash your hands regularly with soapy water or alcohol-based solutions.
- 6- In case of respiratory infection symptoms (fever, cough, difficulty breathing), it is recommended:
- 7-Wear a surgical mask if you are in contact with other people;
- 8-Use disposable tissues and wash your hands regularly;
- 9-When traveling to China: consult a doctor quickly locally.

Travel advice is being reassessed based on the evolving international epidemiological situation and WHO recommendations.

They are available on the Travel Advice site of the Ministry of Europe and Foreign Affairs.

**INSTRUCTIONS FOR THE TRAVELERS RETURNING FROM CHINA SINGAPORE SOUTH KOREA & LOMBARDY VENETO IN ITALY** What are the instructions for people returning from China (mainland China, Hong Kong, Macao), Singapore, South Korea, or the regions of Lombardy and Veneto in Italy? The Ministry of Solidarity and Health recommends to people returning from China (mainland China, Hong Kong, Macao), Singapore, South Korea, or the regions of Lombardy and Veneto in Italy:

**WITHIN 14 DAYS OF RETURN**-----

- 1-Monitor your temperature twice a day;
- 2-Watch for the appearance of respiratory infection symptoms (cough, difficulty breathing, etc.);
- 3-Wear a surgical mask when you are in front of another person and when you have to go out;
- 4-Wash your hands regularly or use a hydro-alcoholic solution;
- 5-Avoid contact with frail people (pregnant women, the chronically ill, the elderly, etc.);
- 6-Avoid frequenting places where there are fragile people (hospitals, maternity hospitals, accommodation structures for the elderly, etc.);
- 7-Avoid any non-essential outing (large gatherings, restaurants, cinema, etc.).

Workers / students: wherever possible, favor teleworking and avoid close contact (meetings, elevators, canteen, etc.).

Children, middle school and high school students should not be sent to nursery, school, college or high school, given the difficulty in wearing a mask all day.

**IN CASE OF RESPIRATORY INFECTION WITHIN 14 DAYS OF RETURN**

1-In case of signs of respiratory infection within 14 days of return: One should Contact the SAMU Center 15 (by dialing the 15 ) by reporting symptoms and recent stay in China (mainland China, Hong Kong, Macao), Singapore, South Korea, or in the regions of Lombardy and Veneto in Italy.

2-Avoid contact with those around you and keep your mask.

3-Do not go to your doctor or to the emergency room, to avoid any potential contamination.

4-What measures are in place at the airport?

A specific reception for travelers is set up at Paris Charles De Gaulle and Saint-Denis de La Réunion airports for flights from China,

Hong Kong and Macao.

This reception is provided by personnel from approved civil security associations, in conjunction with the airport medical service, reinforced by medical and paramedical health professionals from the health reserve of the Ministry of Solidarity and Health. Surgical masks and information documents in 3 languages "«(French, English and Mandarin) are given to all passengers to inform them of the action to be taken during the 14 days following their return from China, so as to ensure rapid detection of " possible new cases of coronavirus on the territory. France has significant stocks of surgical masks.

The staff mobilized for this reception are at the disposal of travelers to answer their questions.

1-Should we use a mask?

2-Wearing a surgical mask is recommended for symptomatic sick people to avoid spreading the disease by air. It is also recommended that people returning from China (mainland China, Hong Kong, Macao), Singapore, South Korea, or the regions of Lombardy and Veneto in Italy, wear a surgical mask for the 14 days following their return date when they are face to face with other people or when they go out. The wearing of this type of mask in order not to catch the coronavirus COVID-19, by the population not sick and who has not traveled to China (mainland China, Hong Kong, Macao), Singapore, South Korea, or from the regions of Lombardy and Veneto in Italy, is not recommended and its effectiveness has not been demonstrated. However, for nationals staying abroad, the local health authorities can impose the wearing of a mask; however this should not neglect essential protective measures including regular hand washing with soap or with an alcohol-based gel.

France has significant stocks of surgical masks. Health professionals in close contact with patients for care have specific protective equipment. Source : French Ministry of Health

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